#### Evangelical Lutheran Church of Durham

~The church on the hill, lighting the way to God's love.~

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#### In February ...

Care-A-Lot Preschool
Registration begins!!!
Sunday, February 2 Souper Bowl of Caring
February 7-9 - Annual
Confirmation Retreat
Monday, February 10 - at
10:30 AM - WELCA
Wednesday, February 19Soup Supper - Cream of
Broccoli and Chicken
Noodle

Sunday, February 23 -Annual Congregational Meeting after worship (snow date March 2)

Ash Wednesday, February 26 - LENT BEGINS - Worship at 1 and 7:30 PM



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## **EVANGEL**

# February 2020

#### **Revelation of Jesus Continues!**

Since January 6, the Day of Epiphany, we have had more and more of the significance of Jesus revealed to us. Epiphany literally means "manifestation" or "revealing." We have witnessed Jesus as God's light for the Jews, the Magi, and all people. He has been revealed as the Light of the World - a Light to shine in the darkness of sin and sadness. He has been revealed as the one who is baptized, who shares our humanity; as the Son of God, with the Father from the beginning. He has been revealed as one who shares God's mission with all of us. He call <u>US</u> as his disciples.

In February Jesus will be presented as a "light for revelation to the Gentiles" and a light for glory to Israel (Simeon and Anna will witness this.) On February 9, he will invite <u>us</u> to be the "salt of the earth" and the "light of the world." On February 16, he will urge all his disciples to embrace standards of righteousness, compassion, and peace. Finally, on February 23, we will stand with Jesus and three of his disciples atop Transfiguration Mountain, gazing upon his goodness and glory.

Don't miss any of these Sunday spiritual experiences in February!

~Pastor David Deal

**Sunday, February 2** - Souper Bowl of Caring - Presentation of Our Lord - Jesus revealed as Fully Human and Fully Divine.

**Friday, February 7 - Sunday, February 9 -** Confirmation Retreat - Pastor Deal and our Confirmation youth will attend. Rev. Donna T. Deal will be our guest preacher.

Wednesday, February 19 - Soup Supper - 4 to 6:30 PM

**Sunday, February 23 -** Transfiguration Sunday - Annual Congregational Meeting

**Wednesday, February 26 -** Ash Wednesday - Lent begins - Communion Service at 1:00 and 7:30 PM

**Christmas Gift THANK YOU** The Pastor and Staff of Evangelical Lutheran Church of Durham would like to thank the Congregation for your generous gifts at Christmas. We are all blessed to be part of such a caring church family.

~ Pastor Dave, Carolyn, Ann, and Dianna

#### **Annual Congregational Meeting - Sunday, February 23**

**Our** Annual Congregational meeting will take place on Sunday, February 23, after worship. In case of inclement weather, the snow date will be March 2.

The focus of the meeting will be feedback from the Mission Assessment Profiles you gave us last year. Snacks will be available during the meeting.

#### **February Ministry Highlights**

**SOUPER BOWL OF CARING** - Bring lots of canned soup and \$\$\$ to be distributed to the hungry of our area through local food banks.

The annual **Upper Bucks Conference Annual Confirmation Retreat** will take place from February 7-9, at Crossroads Camp in NJ. Pastor Deal will be away with the youth, so Pastor Donna Deal will be the guest preacher.



Memorial

The February Soup Supper will be on Wednesday, February 19th, from 4-6:30 PM. The soups are Cream of Broccoli and Chicken Noodle. You can eat in or take out. All proceeds go to the hungry!

SUNDAY FEBRUARY 3

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inner

The 7th Annual Community Dinner was another ecumenical miracle. The December 7, 2019 event served a total of 740 people. The 30 volunteers from the four churches performed flawlessly and worked tirelessly. \$2,328.00 was donated that evening. The Lord's Pantry and The Finesville Pantry each received \$1,164.00. The ample and delicious leftovers were divided equally, packed and delivered to Safe Harbor and Third Street Alliance in Easton. BOOM!!!!!

All that's left is for you to mark Saturday December 5, 2020 on your calendar for the 8th Annual Community Dinner. Let's do it AGAIN!!!!

Appreciatively, Lois Altemose and Joe Hlavaty:-)

**MEMORIAL GIFTS** Gifts to the church in memory of Helen Ballek in the amount of \$1831 were received from:

Julian and Leslie Pektor, Loretta DeWalt, Ted and Janet Achuff, Gary Kiechel, Paul and Debra Rooke, David and Barbara Furrer, Stephen and Patricia Bedics, Louis Pektor, Esther Crouse, Christopher and

Donna Cole, Joan Patterson, Mary Schweitzer & Family, Joy Krager, JoAnne and Bob Stephens, Joanne and Michael Bohnett, Sharon Willard, Ronald E. Ballek, Dorothy Peterman, Don and Gerry Seipt, Kathy and Joe Hlavaty, Bridal Path Bridge Group, Halder and Wesley Ballek, Lois and Jim Altemose, Cheryl and Wayne Mesko, Stephen and Diane French, Elizabeth Sabol, Stephen Vecchione, Denise and Steve Lawless, May Crouse, and Anna and Judith Pektor.



Helen Dungan

Our January meeting was postponed because of the weather. We will reschedule our Chrismons Workshop in the spring when the weather is more settled.

Our February meeting will be held on **Monday, February 10**<sup>th</sup> **at 10:30.** During our business meeting, we will have a soup report and plan for February. Our program will be to go over and arrange our historic minute books. Lynn Gaun will lead us and she hopes to write an article about the beginnings of our Women's organization here at

Durham. If you would rather do some kitchen cleaning instead, you can!



**Souper Bowl of Caring:** We will be collecting soup and crackers to support the two food pantries. We will continue to collect soup and crackers through the month of February, but celebrate Souper Bowl of Caring on Super Bowl Sunday, February 2, 2020.

**Food baskets** On Christmas Eve, a food basket was given by the Altemose and Litzenberger families in memory of Robert Litzenberger. On Jan. 19<sup>th</sup>, a food basket was given by Helen Dungan in memory of Helen Ballek and Manfred Marschewski.

#### **SOUP SUPPER**

**January Statistics:** We sold 133 quarts of vegetable, 80 quarts of potato. We served 27 adults, and 1 youth and two children. On Sunday, we sold another 17 quarts of potato at \$5.00 each.). Our total income was \$1,848.00. We still have some frozen potato soup which we will offer for sale in February.

Special Thanks: We want to give special thanks to

- Springtown Meat for donating the beef bones and the beef.
- **Thrivent** provided us with a debit card with **\$250** to help with expenses, through their new action team program. This program is designed to involve Thrivent members as they lead volunteer projects and it paid most of our expenses.
- The Kressmans for ordering all our potatoes and onions and donating the leeks.
- **Our bakers:** Miriam Anderson, Helen Dungan, Linda Czeck and Althea Crouse for their donations of desserts and bread.
- The Monday crew: Miriam Anderson, Helen Dungan, Mark Harwick, and Joe Hlavaty. These folks made the beef broth, cut up the beef roast and pulled the meat off the bones, strained, and cooled the broth, and then cleaned up.
- The chief chefs, Mark Harwick (vegetable soup) and Nancy Moskella (potato soup). The Wednesday workers who peeled onions and potatoes and chopped vegetables in the morning, set up and watched over the soup in the afternoon, and jarred, served, washed dishes and pots, and took down the tables and cleaned up in the evening: Miriam Anderson, Althea Crouse, Esther Crouse, Linda and Stan Czeck, Pastor Deal, Helen Dungan, Lynn and Tom Gaun, Virginia Hager, Kathy and Joe Hlavaty, George Kreitz, Frank Mammana, Valerie McGinn, Barbara and Ben Naska, Gladys Nicholas, Becky Praster, Bonnie Pyne de Portello, and Caitlin Pyne, and to Bradley Patterson who helped take down the tables after eating with us.

### **February Worship Assistants**

	2*	9	16*	23	26*
					Ash Wednesday
Youth Acolyte/	Nicholas Philipps	Matthew	Hunter Aquino	Samantha	Conner Aquino
Communion Assistant		Mueller		Mueller	
Greeter(s)	The Sauter	The Mueller	The Aquino Fami-	Ed Xander	TBA
	Family	Family	ly		
Lay Worship Assistant	Kerri Rhine	Val McGinn	ТВА	Beth Snyder	ТВА
Council Communion	Cathy Mueller		Cathy Mueller		
Assistants	Serena Ashmore		Serena Ashmore		
Counters	Cathy Mueller and	l Serena Ashm	ore		
Head Usher	Miriam Andersor	า	* Indicates Com	munion will be	served.
Altar Guild	Serena Ashmore,	, Mary Crouse			

	February Birthdays		February Anniversaries		February Baptisms
2	Amanda Frey				
3	Sam Rhine			3	Dale Leidich
5	Laura Helfrich			4	Laura DeWalt
7	Dianna Streletz			5	Mike Rhine
8	Diane DeWalt			9	Andrea Fox; Serena Ashmore
10	Wayne Mesko			12	Haley Rodd
12	Steven Streletz	15	Betty & George Kreitz (62)	19	Kathleen Miller
13	Miriam Anderson			22	Benjamin Williams
15	Norma Fox (89)	21		26	Tom Gaun, Doug Litzenberger
16	Kathy Haney	23	Victoria & Adam Phillipps (18))	28	Nicole Crouse
17	Betty Kreitz (81)				
20	Esther Crouse (86)				
21	Caitlin Pyne				
24	Frank Moskella, Jim Beerer				
27	Tanya Naska				
28	Grace Litzenberger, Rowan Froehlich				
29	Becky Harrison		4		



February is a month for "Caring and Love" –our Christian theme for this month. We share our love in many ways every day. We'll also share valentines with everyone and have a party on Valentine's Day.

We'll start our month with learning about the groundhog and check to see if he sees his shadow. Miss Becky, from Riegelsville Library, will be sharing stories and also sharing a book for the month. Our themes for this month are: President's Day, Transportation, Feelings, Space, Writing a Letter, Washington, D.C., Space and Rocks. We're planning a Field Trip to Riegelsville Fire Station on February 19<sup>th</sup>. We'll end our month with a Red/White/ Blue Parade and song presentation to celebrate President's Day. We'll have "Wacky Hair Day" on the 5<sup>th</sup>. A new "Special Day".

Care-A-Lot registration for the 2020-2021 school year begins this month. We're hoping for a PreK and a PreS class again this year.

Registration forms for 2020-2021 will be available on a table in the narthex as well as some Information Pamphlets and Business Cards. If you know anyone who has a child from 3 to 5 years old, please have them call me at 484-894-0585 to plan a visit to the school. While school is still in session, they can view the daily activities and the children at play. Thank you for helping Care-A-Lot to grow.

"Sharing Love With Everyone, Not Only in February, But Throughout The Year!"

~ Linda Reinbold

#### **PRAYER**

Please lift up in prayer the following ...

**For Healing of those in our Congregation:** Michael Altemus; Joanne & David Antoni; Debbie Christman; Esther Crouse; Ken Eck; Mary Erceg; Norma Fox; Tom Gaun; Virginia Hager; Johnny Hesser; George Kreitz; Dean Litzenberger; Dot Peterman; Silas Rodenbach; Don Seipt; Hal Taylor; and Carolyn Williams.

For Healing of Friends and Family: Phyllis Allebach; Brian Ashmore, Jr.; Lynn Bailey; Chuck Bates; Reta Bieber; Jason Bigley; Julia Bizon; Marci Boettger; Kelly Bordelon; Jade Bowlby; Frannie Brooks; Melissa Carafa; Jimmy Carter; Josie Crawn; Chris Fear; Fred Foerster; Michelle Froehlich; Ken Garey; Candie Gimbar; Florence Gonzalez; Jeanette Harmon; Lou Hayden; Bernadette Heljenick; Bob Helm; Clarence Hoover; Kathy J.; Paige Jipner; Virginia Johnson; Mary Ellen Jonczyk; Alex Kaki; Elaine Keller; Martine King; Kara Kline; Aleena Lang; Joanne Lavin; Barbara Lynch; Mike Manfra; Chelsea Marley; Warren & Pat Merkham; Michelle Mesko; Andrea Miller; Janet Murray; Jeff Musnung; Kyle Newman; Clint O'Connor; Agapoula (Pipitsa) Papageorgiou; David Parker; Barbara Pavlica; Lisa Pezzino; Donnie Pyne; Dennis Raike; Sarah Rhine; Connie Rugen; Linda Saunders; David Sebring; Laurel Sheetz; Gary Shollenberger; Donna Storm; Alex Trebek; Alex Ulrey; Rudolf von Watzdorf; Bill Walsh; Ann Wong; and Sandra Zimmerman. ALSO, Laura, Kelly, Charlie D., Charlie L., and Jane.

For those who are Homebound: Cleo and Ken Eck; and Elfriede Marschewski.

For the Grieving: The families of Manfred Marschewski and Helen Ballek.

#### **FEBRUARY MISSION HIGHLIGHTS**

**Sunday, February 2** - Souper Bowl of Caring - On this Sunday, when the nation watches the football Super Bowl, Christian congregations observe a Souper Bowl of Caring! Bring cans of soup and crackers this Sunday and throughout February. Your OUTREACH envelope for February is designated for the Souper Bowl and the food pantries we support.

**Friday, February 7 - Sunday, February 9 -** The Upper Bucks Conference Annual Confirmation Retreat in Port Murray, NJ. Pastor Deal, Addyson Mammana, Samantha Mueller, and Ben Naska will be attending. On Sunday morning, February 9, Rev. Donna T. Deal will be the preacher and worship leader here at Durham.

**Wednesday, February 19** - Second Soup Supper, 4-6:30 PM - Cream of Broccoli or Chicken Noodle Soup. All proceeds go to feed the hungry. Volunteers are needed to prepare, serve, and clean up afterwards. Please speak to Helen Dungan or Mark Harwick if you can help that week.

**Sunday, February 23** - Transfiguration of Our Lord - Final Sunday of Epiphany Season - Our Annual Congregational Meeting will be held immediately after worship in the Fellowship Hall. The Snow Date is March 2. All are welcome and urged to attend. Snacks will be provided to enjoy during the meeting. Items for consideration include: Election/Re-election of Council Members; Reception of Reports (including 2019 Financial Report); Report on new church doors and other important property issues; and planning/dreaming for the future - introduction of new Ministry Teams to be organized.

**Wednesday, February 26** - Ash Wednesday - A time for Repentance and Renewal. Services at 1:00 and 7:30 PM with Imposition of Ashes offered.

#### FEBRUARY OUTREACH OFFERING

A reminder: In 202, a new offering has been added to your envelope packet. Each month there is an envelope labeled "Outreach" which will be used for many of the missions we support each year, as well as new mission needs which may arise. The Church Council will decide which mission(s) the monthly Outreach offering will support.

In February 2020, the Outreach offering will be designated for the 2 food pantries we have supported, the Lord's Pantry in Ottsville, and Project Easton. Demand for food has risen at these pantries, so please be generous!

February is American Heart Month and February 7th is "Wear Red Day" for women. Every year, on the first Friday of February, the AHA has dedicated this campaign to be an awareness day for women to understand this number one health threat – heart disease. Statistics from "Go Red" campaigns have shown:



- 34% fewer women are dying from heart disease each year,
- 23% more women are aware of their greatest health risks
- more than 627,000 women's lives have been saved.

Heart disease remains our number one killer and there is much more to learn about gender specific detection and treatment. (Philadelphia Goes Red Newsletter)

#### The following are common early warning signs for both men and women:

- Pain in the mid-chest, shoulders, neck, jaw, arms, back, or abdomen. Men most commonly experience chest pain radiating to the shoulders and jaw. Women, on the other hand, may experience back or abdominal pain.
- Lightheadedness or fainting.
- Sweating and paleness.
- Nausea and/or vomiting.
- Shortness of breath, with or without chest pain.

Take action and call 911 immediately if experiencing any of these symptoms. Then crush or chew and swallow an Aspirin (this step should NOT be done if contraindicated). For example, a health history of taking anticoagulants (blood thinners) or having an allergy to Aspirin. Taking an Aspirin at the onset of symptoms may prevent formation of small blood clots that could block blood flow and thus result in heart damage.

Action taken within the first three hours after a heart attack could save one's life. So, never feel that it is a "false alarm". Bayer Heart Care/Pro Heart.com

American Heart Association.com

The AHA is also promoting "Hands only CPR". It is a two- step process. The first step is to call- 911. The second step is to place hand over hand in the middle of the chest and push hard and fast (AHA recommends pushing to the tune of "Staying Alive") until help arrives. Immediate action saves lives and the AHA has found that most people will not do CPR because of mouth to mouth resuscitation. They encourage people to do the hands only method as everything helps and it is better to do something than nothing at all. (American Heart.org)

Listening to the news, we know **the flu is upon us**. Key is hand washing, coughing and sneezing into our sleeves, not sharing utensils or drinks, and staying home when congested and/ or with a fever. A person is contagious a day before symptoms appear and incubation can last from three to seven days. Drinking plenty of fluids to stay hydrated and rest are recommended. A dentist also suggested cleaning your tooth brush with peroxide after each use, as flu germs will remain on the bristles.

		FEBRUA	FEBRUARY 2020	1	1	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	Pastor's Day Off
•	ω	4	5	6	7	8
SOUPER BOWL OF CARING 9:00 AM Christian Education 10:30 AM Communion		Care-A-Lot Preschool 9 AM - Noon	Care-A-Lot Preschool 9 AM - Noon	Care-A-Lot Preschool 9 AM - Noon	Upper Buck Confirmat Febru	Upper Bucks Conference Confirmation Retreat February 7-9
9 Epiphany Season	10	11	12	13	14	15
9:00 AM Christian Education 10:30 AM Worship - Rev. Donna T. Deal, Preacher Pastor & Youth return from Retreat	WELCA at 10:30 AM	Care-A-Lot Preschool 9 AM - Noon	Care-A-Lot Preschool 9 AM - Noon	Care-A-Lot Preschool 9 AM - Noon 2 PM Adult Small Group	Valentine's Day	Pastor's Day Off
16 Epiphany Season	17	18	19	20	21	22
9:00 AM Christian Education 10:30 AM Communion	7 PM Church	Care-A-Lot Preschool 9 AM - Noon	Care-A-Lot Preschool 9 AM - Noon	Care-A-Lot Preschool 9 AM - Noon		Pastor's Day Off
5:30 PM DRATT Youth Group	Council		SOUP SUPPER 4-6:30 PM			
	Presidents' Day		Broccoli & Chicken Ndl.			
23 Transfiguration 9:00 AM Christian Education	24	25 Care-A-Lot Preschool	26 ASH WEDNESDAY Care-A-Lot Preschool	27 Care-A-Lot Preschool	28	29 LEAP YEAR!
10:30 Communion 11:30 AM Annual Congregational Meeting		9 AM - Noon	1 PM Worship 7:30 PM Worship	9 AM - Noon		Pastor's Day Off

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