

Evangelical Lutheran Church of Durham
 "The church on the hill, lighting the way to God's love"
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 Church of Durham*

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 to God's love.~*

821 Durham Road—PO Box 100
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In August ...

- **Saturday, August 3** - Red Cross Blood Drive
- **Sunday, August 11** - Deadline for School Supplies donations
- **Sunday, August 25** - Backpack Blessing Sunday
- **Sunday, September 8** - Fall Schedule Begins - Sunday School at 9 AM, Worship at 10:30; Church Picnic; ELCA National Day of Service

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EVANGEL



August 2019

**July is Gone! August is Here! School Approaches ...
 And God's Ministry Continues!**

In August, we continue to hear God's Word every Sunday at 10 AM. We will continue to eat at Christ's Communion Table on August 4th and 18th. We continue to fellowship with each other right after worship at Lemonade on the Lawn. We continue to reach out with God's mercy - food for the pantries, school supplies for the less fortunate, prayers for all who are struggling, hope for an increasingly fearful and hopeless world.

YOU are important to God and to us! We'll look for you this coming Sunday at 10 AM!

~ Pastor David Deal



Important Events in August and September

- ◆ **Saturday, August 3** - Red Cross Memorial Blood Drive, from 9 AM to 2 PM at the Springtown Rod and Gun Club. Sign up with Norma Fox or online.
- ◆ **Sunday, August 11** - Deadline for School Supplies collection.
- ◆ **Sunday, August 25** - Backpack Blessing Sunday - A blessing for ALL who are returning to school - bring your backpack!
- ◆ **Sunday, September 8** - "God's Work, Our Hands" ELCA National Day of Service. Our worship hour returns to 10:30 AM. There will be a picnic after worship, followed by an afternoon of Service Projects.

Info for Sunday, September 8

- **Worship Hour Returns to 10:30 AM**
- **Church Picnic (Council members will bring meat, buns, condiments, beverages, and paper goods. You bring salads, deviled eggs, baked beans, desserts, etc.**
- **ELCA National Day of Service - "Rise up Against Hunger" and other service projects in the afternoon.**

EVANGEL



AUGUST



2019

Memorial Blood Drive 2019

This year's Red Cross blood drive - In Memory of Loved Ones - will be held on Saturday, August 3 from 9 AM to 2 PM at the Silver Creek Rod & Gun Club. There is a sign-up sheet posted in the Narthex, or you can sign up online at <https://www.redcrossblood.org/give.html/drive-results?order=DATE&range=10&zipSponsor=18081>. Enter 18081 as the zip code in the search box, and then select 'by distance' to bring up our blood drive to make an appointment online.



There is a dire shortage of blood, so if it is at all possible, come out and share the Gift of Life.



Care-A-Lot

CARE-A-LOT PRESCHOOL NEWS

I hope everyone is enjoying their summer. We currently have 11 students enrolled or in the process of enrolling for the 2019-2020 school year. There are 8 students in the Pre-K class and 3 in the Preschool Class. We are continuing to seek additional students through our Facebook page, tear-off advertisements, signs and recommendations from parents. If anyone sees an additional place to put an advertisement or sign, please let me know.

Samantha O'Brien will be joining CAL as an Assistant Teacher and will be working with our Preschool Class during "Activity Time". Thanks to Samantha for repainting our Care-A-Lot Bear sign. It is more visible for anyone who is passing by. We're so happy that Val McGinn will be returning one day a week as a Helper. We also look forward to working with our Parent Helpers again this year.

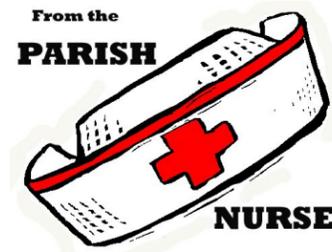
This summer I'm continuing to clean and wash all toys, cubbies, chairs, tables, etc. and organizing and re-arranging areas of the school so we're ready for the beginning of school. We will utilize two separate classroom spaces during "Activity Time" and working together for all other activities. I look forward to working again with Pastor Dave on Wednesdays.

Each August, the members of Durham have been very generous in donating items needed from our "Supply Wish List". I will be putting out a new list for this August. The List will be available in the narthex by the end of July. I'll also have a plastic tote there to put your donated items in. Many thanks to the members of Durham.

If anyone needs to contact me over the summer or if you know of someone who would like to schedule a visit at the school, please call me at 484-894-0585.

Looking ahead: Our Parent/Student Orientations will be scheduled for Tues and Wed, Sept. 3rd and 4th from 9:00 to 12:00 and we'll have our Parent Information Open House on Thurs. evening, Sept. 5th, a 7 pm. Classes will begin on Tuesday, Sept. 10th.

I can't wait for the year to start.
Linda Reinbold



Your Eyes and the Sun

We all know to use sunscreen to protect our skin from the sun, but very often we neglect to protect our eyes. Studies have shown that exposure to bright sunlight may increase the risk of developing cataracts, age-related macular degeneration, and growths of the eye. The same risk applies to tanning spas.

UV radiation, whether from natural sunlight or artificial rays can damage the eye's surface tissue, as well as, the cornea and lens. Studies have also shown that people in the snowy outdoors, especially skiers and snow-boarders, not wearing protective lenses, showed symptoms of eye damage (cornea) and disease. The highest levels of UV rays were in the late winter and early spring and that reflection of the sun off the snow intensified the rays.

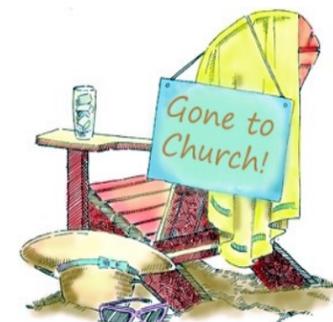
Some researchers suggest that the light-sensitive cells in the eyes are important in regulating the wake-sleep cycles. As we age, more people have problems with insomnia. Though it is important to protect the eyes from overexposure to UV light, the eyes also need minimal exposure to natural light to help maintain normal sleep-wake cycles. Minimizing light from lamps and the television is essential. Researchers also warn that looking directly into a solar eclipse is as dangerous as looking directly into an unblocked sun and can cause damage to the retina.

Protect your eyes from the sun by:

- *using wraparound sunglasses that block UV rays (100%),
- *wear hats,
- *don't rely on UV protected contact lenses, wear sun glasses as well,
- *don't be fooled by clouds, sun rays can pass through them,
- *never look directly into the sun, and
- *protect all ages, children through seniors.

God Bless You,
Mary Hurley, RN

American Academy of Ophthalmology 2013. (geteyesmart2-px.ezlel.com)



Please keep us in mind this summer as your family travels on vacation. The church's expenses continue throughout the whole year. So if you can't be with us in person, please consider mailing your offering envelope in to church.

*You can't spell Sunday with U.
You can't spell Church without U.
You can't spell Budget without U.
You can't spell Success without U.
The church needs U!!!*



Esther: WELCA is offering a three-part Bible study on the book of Esther this summer. It comes from WELCA’s Gather Magazine. Our next gathering will be Wednesday, August 14, 2019 at 10:00 a.m. at the home of Kathy Hlavaty. This is a breakfast gathering and **Men** are also invited. We will begin by reviewing the first session as it was sparsely attended. Please read the book of Esther in preparation. We will schedule session three at this meeting as we try to accommodate everyone’s calendars.

Water of Life The synodical gathering of WELCA was held at Trinity Lutheran Church, Lansdale on Saturday June 1, 2019. The focus was God’s gift of water to us, and our need to care for this gift. As part of our offering we brought our water bottles forward to be blessed. **We collected \$1,582.54 for Flint.**

The featured speaker, Trudy Phillips, spoke about how our water ways run and what affects them. She began with a dramatic demonstration; she had 5 gallons of water on the table; from this she measured out 1 ¼ cups – this represented fresh as opposed to salt water. She then used an **eye dropper** to show the amount of that water which was drinkable. She explained how water moves downward either above or underground, picking up debris as it travels. This eventually ends in our streams and rivers, then flows into the oceans.

Information was shared from Pastor Monica Villarreal, of Salem Lutheran Church in Flint Michigan, on the situation there. Salem and Shiloh Baptist Church are delivering water to 170 vulnerable homes – people with immunity impairments which make them extremely susceptible to infection. The cost of this runs about \$5,000 per month and is being paid by donations. Pastor said they are church, serving these people especially when death occurs - praying for them and responding to their spiritual needs, not just their physical needs.

Our third speaker was Hope Grosse who with Joanne Stanton recently formed the Buxmont Coalition for Safe Water. Both are originally from the Warminster area and they and their families have suffered serious health issues as a result of the release of chemicals, PFAS (Per- and polyfluoroalkyl substances), into the ground from Willow Grove Naval Base. The chemical is part of firefighting foam, and seeped through the ground into the water. She cautioned us that this chemical is not included in normal water tests; and strongly suggested everyone install a **reverse osmosis water filter.**

Food ministry: Thanks to everyone who donated personal care items to our May and June collections. We are collecting baby care products for Easton Food Bank and paper products for Upper Bucks in July and August.



Food baskets: WELCA put a basket on the altar with men’s personal care items, It was in memory and honor of the fathers in our congregation. The money used was from the soup supper.

Care-A-Lot Preschool Supplies Wish List

Please look for a copy of this list in the Narthex, and sign your name by the item you will be donating. Linda Reinbold has made tear-off slips you can take to remind yourself what you promised to donate!

5 ounce PAPER cups, packs of 100	Bottles of hand sanitizer from the Dollar Store
White tall kitchen garbage bags, 35 count	Non-alcohol baby wipes (Giant brand)
24 packs of crayons, that include pink, gray,	Elmer's School Glue
Cube boxes of white unscented tissues	Large bottles Aleene's Tacky Glue
6 inch, non-coated light weight white paper plates - store brand, for crafts	Books of first class postage stamps



August Worship Assistants

	4*	11	18*	25
Youth Acolyte / Communion Assistant	Hunter Aquino	Grace Litzenberger	Nicholas Phillipps	Conner Aquino
Greeter(s)	Beth Snyder	The Aquino Family	Bea von Watzdorf and Leo	Victoria Phillipps
Lay Worship Assistant/Lector	Maggie Fischer	Bob Starling	Ken Anderson	TBA
Council Communion	Tom Gaun Mark Harwick		Tom Gaun Mark Harwick	
Counters		* Indicates Communion will be served.		
Head Usher	Mark Harwick			
Altar Guild	Miriam Anderson, Mary Crouse			

BACK-TO-SCHOOL MISSION PROJECT -

Backpacks and Back-to-School Supplies to support Pennridge FISH

Last year they gave out over 300 school bags to their Food Pantry clients!



Help kids in need get off to a great start to the school year! Below is a list of suggested school supplies. You are welcome to add other items that might appear on your child's class list of supplies. All these items are available for purchase online at Staples and in other local stores.

Backpack/School Bag	Red, black, or blue Pens
Pencils	highlighters
pencil sharpeners	hand sanitizers
colored pencils	tape
college ruled composition books	thumb drives
college ruled loose leaf notebook paper	pencil cases / 3 ring pouches
wide ruled loose leaf notebook paper	earbuds / headphones
spiral notebooks	post it notes
1 inch to 2 inch three ring binders	index cards
zip-up binder	fine tip markers
glue sticks	permanent markers
METRIC rulers	dry erase markers
blunt tip school scissors	erasers
duotang folders	dividers
calculator	planner
crayons	stapler

THE DEADLINE TO BRING BACKPACKS AND SUPPLIES IN TO CHURCH IS SUNDAY, AUGUST 11. Pastor Deal will deliver them to Pennridge Fish, where volunteers will prepare them for distribution. **THANK YOU for your generosity!**